

# Hand Hygiene

## Wash hands with VioNexus™ foaming soap and water:



1. Wet hands.
2. Apply generous amount of soap.
3. Rub hands together vigorously for at least 15 seconds (sing "Twinkle Twinkle, Little Star"). Cover all hand surfaces, especially thumbs, fingertips and nails, between fingers and in creases.
4. Rinse (avoid hot water).
5. Dry thoroughly with a disposable towel (multiple-use cloth towels are not recommended).
6. Avoid touching faucet or handle.

## Sanitize with VioNexus No-Rinse Spray:



1. Tuck fingers in while receiving VioNexus to ensure total coverage over nails and cuticles.



2. Rub hands together palm to palm.



3. Rub between fingers, interlaced.



4. Rub back of each hand with the palm of the other hand.



5. Rub fingers of each hand in palm of opposite hand.



6. Rub each thumb clasped in opposite hand.



7. Rub each wrist clasped in opposite hand.



8. Continue rubbing until hands are dry.

## Following CDC Guidelines

CDC guidelines recommend the use of alcohol handrubs for routine antisepsis. Using an alcohol handrub takes one fourth of the time of standard hand-washing practices, can provide better antimicrobial effect than washing with antimicrobial soaps, and causes less skin irritation.

### WASH when hands are visibly dirty, contaminated, or soiled:

- Before eating
- After using the restroom
- To remove known or suspected pathogens/contaminants
- Before and after work shifts



Frequently missed areas when washing hands.

### SANITIZE when your hands are not visibly soiled and for routine decontamination of hands:

#### Before

- Patient contact
- Donning gloves
- Inserting invasive devices
- Moving from contaminated-body sites to clean-body sites

#### After

- Washing hands for additional antisepsis
- Contact with a patient's skin
- Contact with inanimate objects (including dental equipment in the immediate vicinity of the patient)
- Removing gloves

PART NO.	PRODUCT DESCRIPTION	PACKAGING
10-2001	VioNexus Foaming Soap w/Vitamin E – 1 liter	6 bottles/case
10-1900	VioNexus Antimicrobial Foaming Soap – 1 liter	6 bottles/case
10-1800	VioNexus No-Rinse Spray – 1 liter	6 bottles/case
10-1810	No-Touch Dispenser	1 each
10-1830	Manual Dispenser	10 per case
10-1318	VioNex Skin Lotion – 18 ounce	12 bottles/case



Featuring Metrex/Pinnacle Products  
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