

# YOUR DENTAL PROFESSIONAL RECOMMENDS...



It is important to look after your dentures so that they stay at their best; so you can continue to eat, smile and live life with confidence.

Your dental professional  
has recommended  
**Polident®**



## **Polident® Denture Adhesive cream**

Polident® helps ensure you can enjoy your life with dentures to the full. Polident® seals the denture to the gums which reduces the possibility of food trapping under your denture, meaning you can eat the foods you like with confidence.

Polident® also has the benefit of holding your denture more tightly in place, reducing any unwanted movement.



\*Always follow the package directions for use.



## Some simple advice on how to apply Polident®\*

- Remember, a little goes a long way. For the first time, start with a few small dabs. Using too much adhesive can lead to oozing



- It may take a few tries to find the right amount for your dentures
- Apply once a day for secure sealing

\*Always follow the package directions for use.





## Polident® Denture Cleanser tablets

Polident® is designed for cleaning dentures and is 1000 times more effective at killing harmful germs than a regular toothpaste.\* Dentures are softer than natural teeth and need Polident's® specialist cleaning as it does not scratch and damage the surface of your denture. Polident® also helps maintain the look of your dentures by removing stains.

To ensure you keep your dentures at their best, use Polident® every day.

\*In laboratory tests



# Easy steps for Polident® Denture Cleanser tablets\*

1. Soak your dentures in a container with very warm water (not hot) and a Polident® Denture Cleanser tablet for the length of time recommended on your pack. For the best results make sure the denture is fully covered by the soaking solution
2. Brush your dentures with the Polident® solution and a soft denture brush, then rinse thoroughly with water. Brushing after soaking helps ensure the removal of debris and plaque

1.



2.



\*Always follow the package directions for use.



## Easy steps for Polident® Denture Cleanser tablets\*

3. Rinse your dentures well with running water before you insert them. Remember to discard the used Polident® solution

### Other important things to remember when cleaning your dentures are:

- Store your dentures in water to prevent them from drying out
- Be sure to rinse and dry off your dentures before you put them back in
- Do not place tablets or tablet solution in your mouth

3.



\*Always follow the package directions for use.





Remember to have regular check-ups  
with your dentist.

For further information on  
the products you have been  
recommended, please visit:  
[www.polident.com](http://www.polident.com)

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