E-Z RELEASE AND SELF-RELEASING HUGGERS

Applicable Products: REF 6514, 6542

APPLICATION INSTRUCTIONS

DESCRIPTION OF PRODUCT: Vinyl covered foam cushion for wheelchairs or similar non-wheelchair applications.

RX ONLY



POSEY E-Z RELEASE AND SELF-RELEASING HUGGERS

REF 6514 Self-Releasing Hugger 20"W x 11"D x 4"T (51 cm x 28 cm x 10 cm)

REF 6542 E-Z Release Hugger 20"W x 11"D x 4"T (51 cm x 28 cm x 10 cm)

INDICATIONS FOR USE:

- Patients who have poor upper torso alignment and/or need a firm surface to rest their elbows on.
- Patients who require an anterior posture support.
- Patients who require a work area or eating area on their wheelchair or similar non-wheelchair applications.
- Products considered "self-release" or "assisted-release" must be specified by the ordering physician.



CONTRAINDICATIONS:

- DO NOT use on a patient who is or becomes highly aggressive, combative, agitated, or suicidal.
- STOP USE AT ONCE: if the patient has a tendency to slide forward or down in the device; or is able to self-release.

NOTE: A restraint with a pelvic piece will reduce the risk of sliding, or of the patient pulling the device over his or her head. See Posey Catalog.

• DO NOT use on a patient who is unwilling or unable to follow instructions, and is at risk of a fall or re-injury from self-release.

ADVERSE REACTIONS

• Severe emotional, psychological, or physical problems may occur: if the applied device is uncomfortable; or if it severely limits movement. If symptoms of these problems ever appear for any reason, get help from a qualified medical authority and find a less restrictive, product or intervention.

NOTE: These products are designed for use on both full-length or desk-length arm wheelchairs or other similarly equipped nonwheelchair applications.

APPLICATION INSTRUCTIONS:

- **1.** Position the patient in the wheelchair or chair.
- 2. Hold the Hugger horizontally. It can be oriented either with the straps facing forwards, or towards the patient depending on the individual's ability to remove the Hugger.
- 3. Place the Hugger flat across the patient's lap and release the Hook and Loop attachment straps.
- **4.** If necessary, compress each side of the Hugger, squeezing it between the armrests until the Hugger lies flat on the patient's lap (fig. 1).
- **5.** Adjust the position of the Hugger so that it is snug, yet comfortable and non-restrictive for the patient.
- **6.** Attach the Hook and Loop strap around the wheelchair arm frame to secure the Hugger in place (fig. 2).
- 7. To remove the EZ Release Hugger or Self-Releasing Hugger, pull on the easy to grasp loop straps to release the Hook and Loop (fig. 3). You can also release the Self-Releasing Hugger by simply having the patient stand up (fig. 4).









AWARNING This device should ALWAYS be snug, but not interfere with breathing or circulation. After application, slide an open hand (flat) between the device and patient to ensure proper fit. ALWAYS monitor a patient to make sure the patient is not able to slide down, under the device, and fall off the chair seat (fig. 5). If a patient's body weight becomes suspended off the chair, chest compression and suffocation could result. Restraints with a pelvic piece may be necessary to reduce sliding down.

> ADDITIONAL SAFETY AND LAUNDERING **INSTRUCTIONS ON OTHER SIDE**













WARNING: ALWAYS Monitor patients per facility policy.

Improper application or use of any restraint may result in serious injury or death.

RX ONLY. NOT FOR HOME USE. Federal law (USA) restricts this device to sale by or on order of a physician. For use in a licensed healthcare facility only.

STAFF TRAINING: Staff must have on going training and be able to demonstrate competency to use this device in accord with: Posey instructions; your facility policies and state and federal regulations (Federal Register, Part IV, 42 CFR Part 482.13(e)(5) and (f) (6); Posey offers inservice training aids at no charge. Contact Posey online at www.posey.com or call toll-free at 1.800.447.6739 (press 5).

SELECTING THE RIGHT POSEY PRODUCT: Refer to the Posey catalog to help select the right device to meet individual patients' needs.

BEFORE APPLYING ANY RESTRAINT:

- Make a complete assessment of the patient to ensure restraint use is appropriate.
- Identify the patient's symptoms and, if possible, remove the cause. You may need to: cater to individual needs and routines; increase rehabilitation and restorative nursing; modify the environment; or increase supervision.
- Use a restraint only when all other options have failed. Use the least restrictive device, for the shortest time, until you find a less restrictive alternative. Patients have the right to be free from restraint.
- Obtain informed consent from the patient or guardian prior to use. Explain the reason for restraint use to the patient and/or guardian to help ensure cooperation.
- A restraint must only be used in accord with the patient's Individualized Care Plan (ICP). The ICP is an assessment by an interdisciplinary team, which may include, but is not limited to: PT, OT, Nursing the Physician, and Social Services. The ICP should include: restorative nursing; patient release; and pressure sore prevention.

NOTE: Just as patient behavior is not 100% predictable, no product is 100% foolproof. Patient safety requires regular reassessment and monitoring per facility policy. A product that worked in the past may be inappropriate if the patient's mental or physical health status changes. NEVER apply any product that you feel is unsafe. Consult with the proper medical authority if you have questions about patient safety.



ADDITIONAL WARNINGS:

- 1. ALWAYS monitor patient per facility policy. Be aware that constant monitoring may be required for:
 - Aggressive or agitated patients; and
 - Patients deemed at risk of aspirating their vomit. This includes patients who are not able to sit up. If the patient vomits, he or she could aspirate the vomit and suffocate.
 - Be prepared to intervene at the first sign of danger. Such patients require frequent review and evaluation of their physical and psychological status.

- 2. This device should ALWAYS be snug, but not interfere with breathing or circulation. After application, slide an open hand (flat) between the device and patient to ensure proper fit. ALWAYS monitor a patient to make sure the patient is not able to slide down, under the device, and fall off the chair seat. If a patient's body weight becomes suspended off the chair, chest compression and suffocation could result. Restraints with a pelvic piece may be necessary to reduce sliding down.
- 3. NEVER alter or repair this product. ALWAYS **Inspect before each use:** Check for broken stitches or parts; torn, cut or frayed material; or locks, buckles, or hook and loop fasteners that do not hold securely. DO NOT use soiled or damaged products. Doing so may result in serious injury or death. Dispose of damaged products per facility policy for BIOHAZARDOUS material.
- 4.NEVER use Posey products on toilets, or on any chair or furniture that does not allow proper application as directed in the Application Instructions. DO NOT use at home.





5. NEVER expose this product to open flame, fire, smoking materials, or high heat sources. Some products may melt or ignite and burn. The facility smoking/no smoking policy should be strictly



6.NEVER use a Posey product as a seat belt in a moving vehicle. Posey products are not designed to withstand the force of a crash or sudden stop.



CLEANING INSTRUCTIONS:

Vinyl Products:

• Wipe Clean with mild detergent. OSHA approved intermediate level disinfectants can be used per manufacturer instructions. DO NOT use phenol and benzyl based disinfectants.



- After cleaning, products MUST be rinsed with water to remove any residual chemicals.
- Make sure products are completely dry before use.

Test Zippers and hook and loop fasteners before each use. DISCARD device if it does not fasten securely.

STORAGE AND HANDLING:

- This device is designed for use in normal indoor environments.
- This device may be stored in ambient warehouse temperatures at normal humidity levels. Avoid excess moisture or high humidity that may damage product materials.

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