## Posey Gait Belts

## **SINGLE PATIENT USE GAIT BELTS**

ITEM NUMBER	DESCRIPTION	LENGTH
6524	White	54 inches
6524L	White Long	74 inches
6556	White Bulk Pack Std (50/case)	66 inches
6556S	White Bulk Pack Short (50/case)	54 inches
6556L	White Bulk Pack Long (50/case)	78 inches
6525	Coral Reef	54 inches
6525L	Coral Reef Long	74 inches
6527	Fiesta	54 inches
6527L	Fiesta Long	74 inches
6528	Navy	54 inches
6528L	Navy Long	74 inches
6529	Southwest	54 inches
6529L	Southwest Long	74 inches
6531	Pastel	54 inches
6531L	Pastel Long	74 inches
6549	USA Flag	54 inches
6549L	USA Flag Long	74 inches
65252	Lavender	54 inches
65252L	Lavender Long	74 inches
6547Y	Yellow	54 inches

## **QUICK RELEASE GAIT BELTS**

ITEM NUMBER	DESCRIPTION	LENGTH
6524Q	White	52 inches
6524QL	White Long	71.5 inches
6556Q	White Bulk Pack (50/case)	66 inches
6556QS	White Short Bulk Pack (50/case)	54 inches
6556QL	White Long Bulk Pack (50/case)	78 inches
6528Q	Navy	52 inches
6528QL	Navy Long	71.5 inches
6531Q	Pastel	52 inches
6531QL	Pastel Long	71.5 inches

## **EZ CLEAN REUSABLE GAIT BELTS**

ITEM NUMBER	DESCRIPTION	LENGTH
6546	Black	63 inches
6546B	Blue	63 inches
6546BL	Blue Long	84 inches
6546L	Black Long	84 inches
6546 <b>O</b>	Orange	63 inches
6546OL	Orange Long	84 inches
6546P	Pink	63 inches
6546PL	Pink Long	84 inches
6546Y	Yellow	63 inches

Tightening the Belt on Patient and Staff Safety, Wendy Wintersgill, MSN, RN, CRRN, ACNS-BC & Alice Segerstron, RN, BSN, CRRN, The center for Rehabilitation at Wilmington Hospital, Christiana Care Health System, Newark, DE. Presented at the 2012 ARN Conference, Nashville, TN.





# Protect Patients. Protect Yourself.

GAIT BELTS ARE A LOW-COST SOLUTION THAT HELP REDUCE THE RISK OF UNWANTED EXPENSES AND INJURY.



The American Nurses
Association recommends
using a transfer belt or
gait belt for patient
assistance during transfer.<sup>1</sup>

Preventing patient falls is always a top priority when handling a patient, but so is preventing staff injury. Posey Gait Belts can help prevent caregiver back injuries and assist in safe patient transfer and ambulation. Posey offers an extended line of gait belts to help caregivers provide the best solution.



<sup>2.</sup> Handle With Care Fact Sheet <a href="http://www.nursingworld.org/MainMenuCategories/ANAMar-ketplace/Factsheets-and-Toolkits/FactSheet.html">http://www.nursingworld.org/MainMenuCategories/ANAMar-ketplace/Factsheets-and-Toolkits/FactSheet.html</a>

<sup>3.</sup> Stubbs D.A., Buckle P.W., Hudson M.P., Rivers P.M., & Baty D. (1986). Backing out: nurse wastage associated with back pain. International Journal of Nursing Studies, 23, 4: 325-336.

<sup>4.</sup> Public Citizen - Health Care Workers Unprotected, Insufficient Inspections and Standards Leave Safety Risks Unaddressed <a href="http://www.citizen.org/documents/healthcare-workers-unprotected-2013-report.pdf">http://www.citizen.org/documents/healthcare-workers-unprotected-2013-report.pdf</a>

<sup>5.</sup> Preventing Back Injuries: Safe Patient Handling and Movement <a href="http://www.nursingworld.org/safepatienthandling/preventingbackinjuries">http://www.nursingworld.org/safepatienthandling/preventingbackinjuries</a>

# Why You Should Use Gait Belts Posey Gait Belts are an effective tool in your falls management and safe patient handling protocols, reducing the risk of patient falls during transfer activities and helping to prevent staff injuries.

Nurses lose more time to back injuries than construction workers<sup>2</sup> and 12% of nurses leave the field because of lower back pain.<sup>3</sup>

Costs associated with back injuries in the healthcare industry are estimated to be more than \$7 billion annually!<sup>4</sup>

By providing gait belts at the bedside, one hospital unit had zero falls when staff assisted patients using the gait belt—zero patient injuries, zero staff injuries!<sup>5</sup>

# Posey Gait Belts For A Variety Of Situations.



## **SINGLE PATIENT USE GAIT BELTS**

- Specially designed nickel-plated metal buckles offer secure hold, while reducing wear on the cotton belt for increased durability
- Available in multiple colors and patterns and can be seamlessly incorporated into any facility color coded falls program. 2" (5 cm) wide webbing made with sturdy cotton
- Weight capacity of 342 lbs (156 kgs)



### **QUICK RELEASE GAIT BELTS**

- Constructed of sturdy cotton and available in three colors
- Applies quickly and easily with a quick-release buckle
- 2" (5 cm) wide webbing and available in two sizes
- Weight capacity of 279 lbs



## **EZ CLEAN REUSABLE GAIT BELTS**

- Biothane® polyurethane encapsulated webbing wipes clean to help address cleanliness concerns
- Spring loaded, self-locking buckle is easy to apply and molded from rugged polyethylene
- 2" (5 cm) wide webbing
- Available in standard or bariatric lengths